

**FORM: 37 - THOUGHTS AND FEELINGS****Version:** 6 – October 1, 2004**Description:** Self-administered; 16-page booklet; data entered at Clinical Center (CC).**When used:** Given to CT participants during the transition visit; to be collected by end of the close-out period.**Purpose:** To collect psychosocial variables on the participant.

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**GENERAL INSTRUCTIONS**

1. The form is printed in both English (*Form 37*) and Spanish (*Form 37S*) versions. Both are in mark-sense format.  
For both forms, follow the instructions on the front of the form for marking the answers.
2. Place the participant's barcode label on the front page of the questionnaire and give to the participant to complete at home or in the CC during close-out.
3. In appointment reminder (letter or phone call) remind the participant to bring the completed questionnaire to her close-out (transition) visit.
4. Review the form for completeness, looking for skipped pages. Ask the participant to complete pages she may have skipped. Do not review the questions with the participants.
5. Forward the form to Data Entry.
6. Data Entry: Review the form for completeness. Return to interview if one or more pages not completed. Scan the English version of the form. Key-enter the Spanish version of the form. Initial the first page of the questionnaire after data entry.
7. File in the participant's file.

**Item Instructions**

Date received	Date the CC receives the completed form.
Reviewed by	Standard 3-digit WHI employee ID.
Contact type	Mark appropriate oval or box. (See common data items.)
Visit type	The contact at which the CC receives the completed form. If you receive the form between visits, use the most recent past visit. Mark appropriate oval or box for visit type and number. (See common data items.)
Form administration	Method used to administer form to participant: 1 - Self: Participant completed form by herself. 2 - Group: Participant completed the form with a group of other participants. 3 - Interview: CC staff person completed <u>entire</u> form as interview. 4 - Assistance: Participant needed partial assistance from CC staff or others to complete the form.
Language	Data Entry: English or Spanish version of the form. (See common data items.)
1.-9. People look to others for help/support	Mark how often support is available for each listed situation.
10.1.- 10.7. Who lives with her	No/Yes for all listed people. If "Other," write in description.  Data Entry: Do not key-enter "Other" description.
11. Pet	No/Yes.
11.1. What kind of pet	Type of pet(s).
12. Religious service in past month	The number of times participant has attended a religious service or church in the last month.
13. Religion gives strength	The amount of strength participant feels religion gives to her.
14. Activity level in groups	Number of group meetings participant has attended in the past month.
15. Helping with sick family or friend	No/Yes.
15.1. How often	How often participant provides help to sick, limited, or frail family members or friends.
16.- 19. People who are important	The number of people who are important to participant that do the indicated actions.
20.- 32. Personal questions	The participant's level of agreement with the listed statements.
33.- 45. Opinions and beliefs	False/True. Participant's decision about whether the listed statements are false or true as applied to her.

46.	Rate quality of life	Scale representing participant's rating of her quality of life on a continuum, 0 to 10.
47.	Satisfaction with quality of life	Scale representing participant's rating of her satisfaction with her current quality of life on a continuum, 0 to 10.
48.	Well-being	Participant's rating of her current quality of life on a continuum, 0 to 10.
49.	General health	Participant's rating of her health, in general
50.	Compared to one year ago, rate health today	Participant's ratings of her general health today compared with that of one year ago.
51.- 60.	Limitations in typical activities	Participant's view on whether or not her health limits her ability to partake in the listed activities. Ask the woman if her <u>health</u> limits her from doing the activity, even if she does not do it. If her health does not keep her from doing the activity, mark "No, not limited at all."
61.	Last four weeks, health has impacted normal social activities	Participant's view on the last four weeks; if her health (physical and/or emotional) has interfered with her normal social activities.
62.	Last four weeks, how much pain	The amount of bodily pain participant has experienced in the last four weeks.
63.	Last four weeks, pain has impacted normal work	Participant's view on the last four weeks; if bodily pain has interfered with her normal work.
64.- 67.	Last four weeks, problems related to physical health	Participant's view on the last four weeks; if her physical health has limited her ability to carry out the listed activities.
68.- 70.	Last four weeks, emotional problems	No/Yes; if any of the listed activities have occurred as a result of an emotional problem.
71.- 74.	Health perceptions	Participant's view of the degree of truth of each statement related to her general health perceptions.
75.	Last four weeks, interference with social activities	Participant's view of how much time her physical health or emotional problems has interfered with her social activities in the last four weeks.
76.- 84.	Last four weeks, participant's feelings	Frequency with which participant has had the listed feelings during the past four weeks.
85.- 88.	Activities of daily living	Participant's view of her ability to do various routine activities. The four questions are the Activities of Daily Living (ADL) questions.
89.1.- 89.34.	Symptoms	Participant's view of severity of listed symptoms based on how much they interfere with her usual activities. Level of discomfort associated with each symptom listed.

90.1.- 90.8	Depression scale	Questions 90.1. – 90.8. form a depression scale. You can use this to assess the woman's depression. WHILMA does <u>not</u> use these data items to determine the woman's eligibility based on depression.
91. - 102.	Hard things that happen to people	No/Yes and extent to which hard things upset participant.
103.- 108.	Feelings past week	Frequency with which participant has had the listed feelings during the past four weeks.
109.	Sad for two weeks	No/Yes. Refers to two consecutive weeks.
110.	Sad for two years	No/Yes. Refers to two consecutive years.
110.1.	Sad for past year	No/Yes.
111.- 118.	Sleep habits	The frequency with which participant experienced the listed sleep behaviors. Participant's description of her sleeping habits in the past four weeks.
119.	Overall sleep	The participant's view of the quality of a typical night's sleep during the past four weeks.
120.	Amount of sleep	Number of hours that best represents the amount of sleep participant got on a typical night in the past four weeks.
121.	Leaked urine	No/Yes.
122.	How often leaking occurs	The frequency with which leaking urine occurs.
123.	When leaking occurs	Situations during which leaking occurs. If "Other," describe. Data Entry: Do no key-enter "Other" text.
124.	Amount of urine leaked	Participant's view of the amount of urine leakage that occurs.
125.	Protection of urine leaking	The kind of protection participant wears in case of leaking.
126.	Limitations of activities because of leaking	How often leaking urine limits participant's daily activities.
127.	Bother due to leakage	Participant's view of level of disturbance due to leaking.
128.	Married or intimate relationship	No/Yes.
129.	Sexual activity with a partner in last year	No/Yes/Don't want to answer.
130.	Satisfaction with sexual activities	Participant's level of satisfaction with her current sexual activities, either with a partner or alone.
131.	Satisfaction with frequency of sexual activity	Participant's level of satisfaction with the frequency of her current sexual activities.

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| 132.   | Health worries about sexual activities | Participant's level of worry about her sexual activities affecting her health. |
| 133.   | Sexual behavior                        | Participant's sexual behavior or choices over her adult lifetime.              |
| 133.1. | Behavior after age 45                  | Participant's sexual behavior or choices after age 45.                         |