

*“Grace Under Fire:
Cognitive Resilience in WHI”*

WHI Investigator Meeting

May 3, 2018

Chicago, IL

Meet Resilience

Shirley Chase, 93



- 2017 won 2 Gold medals (50yd/500yd freestyle), 1 Silver medal (100yd freestyle) at Florida Sr. Games. Plans to compete in National Sr. Games in 2019
- Told reporters swimming gives her strength to overcome various health problems such as bad knees and recently diagnosed skin cancer
- *“exemplifying healthy aging and providing encouragement, motivation and inspiration for all seniors” (Humana)*

Beverly Kreger, 96



- 2017 Recognized for 70+ yr of service to U.S. Army by Women’s Army Corps Veterans Assoc.
- Active in community volunteering

“Grace Under Fire: Cognitive Resilience in WHI”

Mark Espeland, PhD, Prof., Biostatistical Sci, Wake Forest School of Medicine; Grandfather

“Trajectories of Relative Performance Over 10 years”

Kate Hayden, PhD, Assoc. Prof., Dept. Social Sciences & Health Policy, Wake Forest School of Medicine

“Cognitive Resilience Among APOE ϵ 4 Carriers in the Oldest Old”

Susan Resnick, PhD, Chief, Laboratory of Behavioral Neuroscience, NIA

“Investigating the Biology of Cognitive Resilience in WHIMS ‘APOE ϵ 4 Escapees’”

Patricia Boyle, PhD, Prof. Behavioral Sciences, Rush Alzheimer’s Disease Center, Rush Univ. Med Center

“Purpose in Life & Cognitive Resilience in Two Cohorts ”