



Dear WHI Extension Study Participant,

We are so happy that you agreed to continue your participation in the Women's Health Initiative Extension Study. Today, we are writing to invite you to take part in a very meaningful addition to WHI – the WHI Long Life Study.

Scientists and leaders at the National Institutes of Health (NIH) funded the WHI Long Life Study to learn even more about health, aging, and the health effects of physical activity. We hope you will consider participating.

In the WHI Long Life Study, a trained research assistant will schedule a convenient time to come to your home, or other location if you prefer. The research assistant will collect a fasting blood draw and some of the same measurements that we took when you joined WHI in the 1990s, for example, blood pressure, height, and weight. Please read the enclosed consent form carefully. If you have any questions, please call us toll free at 1-800-550-0025 and leave a message. We will call you back with an answer as soon as possible.

Whether or not you decide you want to take part in the WHI Long Life Study, please sign one copy of the consent form, **carefully remove the page with your signature (page 5), and return that one page in the enclosed envelope.** You may keep the second copy of the consent form for your records.

On behalf of the entire WHI, we thank you for your partnership over these many years and we look forward to your continued involvement.

Warmest regards,

Garnet Anderson, PhD  
WHI Clinical Coordinating Center Principal Investigator

Andrea LaCroix, PhD  
WHI Clinical Coordinating Center Co-Principal Investigator